



Herb a F i l e : S e l e n i u m

Time and time again you may have tried a variety of antioxidants to help assist your body cells. One of the most crucial elements in providing your body with quality nutrients is Selenium.

With its ability to protect the body from unwanted damage from free radicals, Selenium is considered to be one of the most powerful antioxidants available. This unique substance will help guard your cells from toxins, so you can increase overall wellness, and live a more productive life for the long haul.

Selenium promotes the attachment of antioxidants such as Glutathione, and works to improve DNA damage, which allows for better health and longevity. By stimulating Selenoproteins, Selenium is able to help antioxidants be at full force, so you can enjoy a long and healthy lifestyle.

Maintaining high levels of Selenium is vital to improve your overall quality of life, and Selenium's potent capabilities go far beyond its antioxidant properties. Due to the increase in blood flow that Selenium causes, you'll be able to fight inflammation, and lessen free radical oxidative stress--- helping your ability to fight the aging process.

Imagine enjoying your family and friends for longer periods of time. You will not only spend more time with them throughout your lifetime, but you'll be happier and healthier while doing so.

Your body typically washes out Selenium pretty quickly, but consuming Selenium regularly will give you the adequate amount your body needs. This essential mineral plays an important role in maintaining proper bodily functions---giving you increased longevity, improved general wellness, and more energy.

With greater vigor, you'll be able to enhance physical activity, which will improve your mood, mental health, and allow for better sleep. In order to sustain a vibrant and fruitful lifestyle, antioxidant consumption is paramount. Selenium provides this, and much more.

There comes a time when changes are needed for quality results. Selenium is geared to help change the way to see your body, your mind, and most importantly, your life. You don't have to be concerned about maintaining quality nutrients day after day. Instead, have faith in this unique and transforming mineral.

Are you ready to change your life with Selenium?

Please **contact Herbakraft** for more information about product documents and samples.



F E A T U R E D P R O D U C T S

GCBfit™

Herbakraft is proud to announce that its GCBfit™ brand of green coffee berry extract has undergone a state-of-the-art detailed analysis to identify and quantify GCBfit's™ chemical constituents for the benefit of the customer.

Mi-Selein™

Mi-Selein is a proprietary odorless selenium, which is one of the essential trace elements readily available in healthy soil, water and food. This natural element is known for its vital roles in helping to maintain normal body functions.

U P C O M I N G E V E N T S

Ingredient Marketplace (IM)

Apr 27, 2016 – Apr 29, 2016

Vitafoods Europe

May 10, 2016 – May 12, 2016

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HerbaKraft Inc., founded in 2004, is a leading manufacturer, researcher, developer and distributor of quality lab validated nutritional ingredients with NSF GMP certification.

We bring you the ingredients that comply with latest local regulations. We firmly believe in our responsibility towards society, environment and sustainable resources.

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